



**ISSUE 47** 







# **SPRING LUNCH**

How do you do? I am Sunny Cheng, a member of Phoenix Clubhouse. This is my second time submitting an article to the Clubhouse Newsletter. I want to share with you my experiences at the Spring Lunch.

In order to prepare for the spring lunch, all the members and staff of the Clubhouse held a lot of meetings, discussing the program, the types of dishes to serve, the arrangement of tables, and the division of labour etc.. On the day of the Spring Lunch every member of the clubhouse was very busy and a lot of guests came. Our choir sang New Year songs after which we paid tribute to Ms. Linda Chan for chairing Friends of Phoenix Clubhouse during the past 5 years. Eva recounted Linda's many contributions to the clubhouse. We are indeed very grateful to her. Dr. Wong and other Friends of Phoenix Clubhouse members also expressed their gratitude to Linda. There was a lucky draw at the Lunch. Every member of the clubhouse got what they wanted.

Finally, we all lined up to help ourselves to the many delicious dishes such as roast pork, steamed fish, cold noodles, curried fish balls, and barbecued pork. We all had a nice lunch and a really good time.

**Translated by Louis** 



# EDUATION & CAREERS EXPO





The weather was very nice on the 25<sup>th</sup> of February. Members of Phoenix Clubhouse were divided into two groups. One met at the Exhibition Center while the other at the Clubhouse. We were all going to visit the Educational and Career Expo.

When we arrived the exhibition hall, all of us got the bulletins as well as some environmental bags from the staff. Some of the members even got their questionnaire and then we entered the hall. There were many booths on education and vocational opportunities. In order to get more information on education and career, we took away much information. Two booths in the center were especially interesting. They were the Custom Service of Hong Kong and the Hong Kong Police. They were showing their partners at work—the dogs, to the Public. A few of us took pictures with them.

We stay at the exhibition hall for almost two hours.

Man Kuen **Translated by Louis** 

# BBQ

The members of Phoenix Clubhouse had a BBQ at the Aberdeen Reservoir on 24<sup>th</sup> Feb, 2006. When I arrived at the Aberdeen Bus terminal, everybody else was already there. So, I had to hurry. We were divided into two groups. Hang, Mimi, Sheila and I shopped for groceries in the supermarket while the other group lead by Marge bought the meat.

Then we took several taxis to the Aberdeen Reservoir. Some started the fire, some prepared the food, while I cleaned the vegetables. Soon, we had a strong fire going and I couldn't wait to start cooking. We had sausages, meatballs, pork chops etc. and my favourites were sausages and meatballs.

The weather is so nice that we all had a nice day.

Katherine *Translated by Louis* 



## Employment Voice: Celia

After joining Phoenix Clubhouse, I was fortunate enough to be referred by the staff to work as a telephone interviewer for The University of Hong Kong. I was very happy since I learned to communicate with other people. The staff and the colleagues of Rehabilitation Power were very nice and were willing to give me a hand when I had problems. I learned how to work efficiently and stayed at this post for 3 years; the longest job I have ever had!

I was also fortunate enough to be introduced through the transitional employment service to join the Paul Hastings law firm. I was given another chance to mingle with people from the society for there were several hundred employees in this firm. I have never had the experience of working in such a big company. I learned a lot and my colleagues taught me patiently to tackle difficulties, to pronounce some English words, and they even gave me a hand if I couldn't finish the job. Siu Ping was especially nice. She would be the one to help me with my problems. I would like to thank all the staff there for they have given me opportunities to learn and to work. You see, I had been out of the work force for seven years before I got the telephone interviewer's position with the HKU.

> Celia **Translated by Louis**

# JOURNAL PUBLISHED

During the past year Phoenix Clubhouse has completed several research projects. The first research project has already been published in the Work Journal. The topic is "a Preliminary Report on Changes in Psycho-



social and Work-Related Characteristics among Clubhouse Members," Members of the research team include Eva; Anita, Professor Chetwyn Chan, a member of Friends of Phoenix Clubhouse and Brain K.T. Chiu . We thank the clubhouse members for their help and support. This Journal article is convincing evidence of how the Clubhouse Model can help our members. Please contact us if you would like to read the article.

#### Reference:

Eva F. Y. Yau; Chetwyn C. H. Chan; Anita S. F. Chan, Brian K. T. Chui: Changes in psychosocial and work-related characteristics among clubhouse members: a preliminary report, Work 2005; 25: 287-296.

**Translated by Dick** 



# Department Report

### Administration Unit

#### Administration

2006

1. Phoenix Clubhouse Annual Plan:

Jan to Apr	Prepare for clubhouse certification
Apr	Clubhouse Certification
May	One-day visit to Ocean Park
Jul	Celebration of the eighth anniversary of the clubhouse cum volunteer ap-
	preciation day
Nov	Asian Clubhouse Conference (Korea)
Dec	Day camp for healthy life
Jan	Clubhouse Model Orientation Program
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- 2. We thank Ms. Linda Chan for her donation of \$3,000 towards the education fund of Phoenix Clubhouse.
- 3. The date of the certification visit is from 24<sup>th</sup> April to 27<sup>th</sup> April. ICCD is sending the clubhouse director of Stepping Stone Clubhouse, Melanie and member, Andrew, to Phoenix Clubhouse for assessment.

#### Employment

2007

- Phoenix Clubhouse procured 2 Transitional Employment posts:
   <1>Hongkong Land Limited
   Document Control Clerk
   <2>The Hong Kong Polytechnic University
   Part-time Clerk
   Tin Chi will start his iob in March with the Hong Kong Economic Times
- 2. Tin Chi will start his iob in March with the Hong Kong Economic Tir



## <u>Clerical Unit</u>

This year, 12 members applied for Supported Education Funding Scheme. All were accepted. They should contact the staff responsible as soon as possible to decide on an appropriate program. Please be reminded that the study program must be finished before 30<sup>th</sup> November. Since there is still available funding, persons who are interested should apply as soon as possible.



## Food Services Unit

- 1. The water pipe in the kitchen was repaired and is now available for use.
- 2. The parts of the Bratt pan will be changed within the month of March.

## Environmental Protection and Tuck Shop Unit

- 1. Wendy and Wing Kong purchased 6 water lily bulbs for Chinese New Year. The are all bloosming beautifully.
- 2. We have submitted 21 plants to the Flower Show (3/3-13/3). Thanks to Wing Kong, Ka Fai and Lung for their hard work.





#### Phoenix Clubhouse 4/F, David Trench Rehabilitation Centre, 9B Bonham Road, Hong Kong

**Printed Matter** 

#### Latest News

- We are indebted to the executive supervisor Dr. Ma Ha- Cheung, M.D, for providing several Chinese names for "Friends of Phoenix Clubhouse". After some discussion, the translation "勵友 會" was chosen to be the Chinese name of the advisory committee "Friends of Phoenix Clubhouse ."
- 2. Visits for the certification of the Clubhouse will take place from 24<sup>th</sup> April to 27<sup>th</sup> April.
- 3. We are accepting registrations from people on the waiting list for the 1-Day Trip to Ocean Park. Interested parties please register at the Reception.
- 4. There are still a few vacancies in this year's Supported Education Funding Scheme. If you are interested, Please pick up registration forms at the reception desk or contact Anita or Katherine.

#### **Translated by Dick** <u>Special thanks to Miss Stella Poon for proofreading the newsletter.</u>

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#### **Opening Hours:**

Monday - Friday: Saturday : 8:30a.m.-5:00p.m. 9:00a.m.-12:00p.m.

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